Tobacco Use is on the Rise!

FACT SHEET: TOBACCO USE AMONG TEENS

Data from 2018 National Youth Tobacco Survey

Factors contributing to the increase of tobacco use among youth
- Easy access to tobacco products
- Flavors in tobacco products
- Advertising (online, TV, etc.)
- Newer tobacco products (JUUL e-cigarettes)

Potential Solutions for Decreasing Teen Tobacco Usage

- Increase the minimum age to sale of sale of tobacco products to 21 years
- Prohibit the sales of flavored tobacco products
- Prohibit smoking and e-cigarette use in work places and public places

Benefits of Raising the Tobacco Age to 21

- Decreased youth tobacco use and initiation
- Reduction in tobacco-related deaths
- Promotion of healthy lifestyle and norms

Consequences of Tobacco Use among Teens

Tobacco use is established during adolescence: 9 in 10 cigarette smokers first tried cigarette smoking by age 18

Tobacco products are harmful to youth:
- Harms brain development and impact learning and memory; Increase risk of addiction to other drugs; Increases risk of tobacco-related diseases and conditions